

Dennis W. Nebel, Psy. D.
Executive Director

Board of Directors

Susan Miller
President

Gary F. Lynch, Esq.
Vice President

Minerva S. Rapp
Secretary

Condi Augustine
Treasurer

Robert E. Jamison, Esq.
Director Emeritus

John DeCaro, Ph.D.

Dale R. Duboskas

Wilbert Grossman

Kenneth Huddle

Daniel Levine

Walter Luikart

Paul Lynch, Esq.

William McTaggart, Ph.D.

Roy Meehan

Thomas A. Shumaker, Esq.

Marlene Stoddard

Arthur Zarone



Annual Report • Fiscal Year 2000-2001



An affiliate of St. Francis Hospital of New Castle



Dennis W. Nebel, Psy.D.
Executive Director

The Behavioral Healthcare services in the community may indeed be taken for granted by many of you. Our community's broad continuum of services that includes outpatient, medication management, in-home interventions for children and families, school-based initiatives, case management, crisis intervention services and specialized residential services are an anomaly in many countries throughout the world. I had the honor of being a member of a mental health delegation that visited China this past spring (2001). The purpose of the visit was to exchange information regarding the treatment of the mentally ill in our respective countries. In short, China's treatment of the mentally ill is 1950's psychiatry! It is almost exclusively treatment via medications alone under the auspices of psychiatrists with the support of nurses. Other professional disciplines such as social work or psychology are non-existent outside of select university or academic

settings. Community systems of care providing services that are non-hospital-based are simply outside of China's frame of reference. I left in awe of what we have available here in the U.S. While we still must fight for parity regarding insurance coverage for behavioral health treatments and struggle with the misinformation and stereotypes that prevail even today regarding behavioral health disorders, we can be proud of systems of care existent in communities like ours. These are systems that insure people can live constructive, high quality lives in their home communities rather than the hospital-based models of years gone by.

A handwritten signature in black ink, appearing to read 'Dennis W. Nebel'.

Dennis W. Nebel, Psy.D.
Executive Director

“Bold New Approach”

In 1963, President Kennedy’s Community Mental Health Act sought to make mental health services more accessible and to reduce our nation’s use of state mental institutions. This “bold new approach” of 40 years ago seems only logical today.

However, we can’t underestimate the role of community mental health centers, such as HSC to ...

- educate people about mental health problems,
- provide affordable, timely, and accessible care,
- respond to people when they face a crisis, and
- reduce the stigma of mental illness.

For 38 years, the Human Services Center has developed such programs to meet the mental health needs of the community.

Each year, over 1,000 residents seek our services with 97% in a recent survey believing that the services they received helped them with their problem(s). HSC has developed comprehensive services for the seriously mentally ill individual -- reducing the number of Lawrence County residents in a state mental institution from **363**



in 1963, to 11 in 2001. HSC has developed self-help groups for problems including gambling, Alzheimer’s Disease, ADHD, autism, grief, and depression. They’ve conducted educational programs on mental health problems to inform the public and to reduce the stigma of mental illness. HSC is committed to the original objectives of the Community Mental Health Act and feels, in large measure, that the “bold new approach” to mental health care has been realized in Lawrence County.

Summary of Service for Fiscal Year ‘00-’01

Mental Health Assessments.....	1,119	
Mobile Crisis Services.....	678	episodes
Telephone Crisis Services.....	1,475	episodes
Emergency Cases (hospitalizations)	318	
Intensive Case Management		
for Adults	176	adults served; 14,870 hrs. of service
for Children.....	155	children served; 20,468 hrs. of service
Resource Case Management		
for Adults	164	adults served; 4,801 hrs. of service
for Children.....	54	children served; 2,468 hrs. of service
Child & Family Outpatient Services	318	served; 2,788 hrs. of service
Adult Outpatient Services	702	served; 8,962 hrs. of service
Medical Services for Adults	1,458	served; 9,929 hrs. of service
Medical Services for Children....	716	served; 2,171 hrs. of service
Adolescent Day Treatment Services	69	served; 16,446 hrs. of service
Children’s Day Treatment Services.....	28	served; 9,941 hrs. of service
Family Based Services	105	families served; 17,902 hrs. of service
Wrap Around Services	67	children served; 3,894 hrs. of service
Student Assistance Program	795	hrs.
SAP	646	hrs.
Psycho-Educational Training.....	150	hrs.
Supportive Housing Services	152	adults served; 1,438 days of service
Community-Hosp. Integration Program for chronically mentally ill clients.....	9	clients; 3,282 days of service
Community Residential Rehabilitation.....	56	adults served; 8,868 days of service
Mental Retardation Services		
Family Support Services	297	clients served;
Early Intervention	116	children served; 3,436 hrs. of service
Waiver	495	clients served; 13,614 hrs. of service

Human Services Center
Fiscal Year ended 6-30-2001
(unaudited)

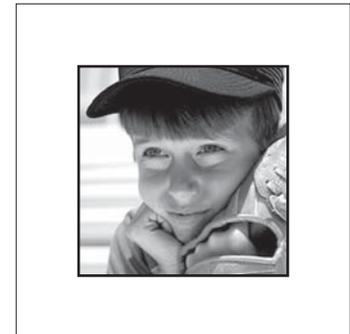
Income	\$	%
Federal/State/County	3,265,914	52.33
Medical Assistance	2,700,624	43.28
Third-party Payors	274,359	4.40
Private Pay	87,457	1.40
Rentals	195,791	3.14
Contributions	15,456	0.25
Miscellaneous	273,757	4.39
Contractual Allowances	(572,951)	(9.19)
	6,240,407	100.00

Expenses	\$	%
Children & Family Services	1,372,729	22.20
Residential Programs	1,003,843	16.23
Resource Case management	180,017	2.91
Intensive Case management	955,206	15.45
Emergency (Crisis) Services	93,258	1.51
Adult Outpatient Services	284,803	4.61
Adult Medical Services	458,011	7.41
Mental Retardation Programs	609,116	9.85
Consultation & Education	111,338	1.80
Other Programs & Services	405,875	6.56
Administrative Services	470,637	7.61
Miscellaneous	238,533	3.86
	6,183,366	100.00
Excess revenues over expenses	57,041	



● **Grant Street Transformation**

The Center initiated the “Grant Street Project” during 2001. This project involves the purchase and renovation of six contiguous buildings in New Castle’s Historic North Hill. When completed, the buildings will be used to provide permanent housing for homeless adults, a drop-in center for chronically mentally ill clients, a psychosocial rehabilitation program, six studio apartments, and office space for staff. The Center raised \$529,800 in public and private monies to support this significant community effort.



● Clip Bits

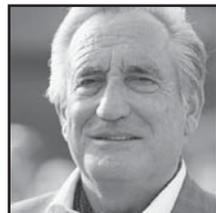


HUD property

The Center's Oakview housing project was recognized as one of HUD's top performing properties. Westfield, a joint effort venture with St. Francis Hospital of New Castle, was also recognized by HUD.

12-wk. course for Clergy

HSC staff presented a course for clergy that addressed core issues in the mental health field. The twelve-session course was co-sponsored by Western Psychiatric Clinic and Institute and was supported by the Caroline Knox Memorial Trust Fund.



MH Service provided to Beaver County

Outpatient mental health services were initiated in Beaver County. Additional services, including a partial hospitalization program for adolescents, are scheduled to begin in the fall of 2001.

Inpatient Unit initiates new model

A new staffing model for providing psychiatric care for the inpatient unit at St. Francis Hospital of New Castle was implemented. The new model involves expanding the number of board-certified psychiatrists who are available to provide psychiatric care, thus ensuring that the inpatient unit is adequately staffed.



Services extended to Beaver Valley

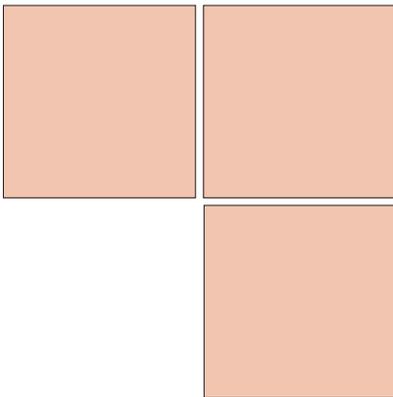
The Human Services Center began collaborating with Drug and Alcohol Services of Beaver Valley (DASBV) to expand the delivery of behavioral health care. This would enhance and expand the HSC continuum of care to include the provision of Drug and Alcohol Services in both Lawrence and Beaver Counties.

● The Human Services Center is...

...a comprehensive community mental health center that employs 175 behavioral health care professionals and support personnel. We are the region's largest provider of outpatient mental health services.

Our staff is represented by AFSCME 2902 which has collaborated with the Center to engage in mutual problem solving, preserve and promote the well-being of our employees, and enhance the quality of our services.

The clinical staff is comprised of licensed social workers and



psychologists, board-certified psychiatrists, master's level therapists, and psychiatric nurses.

The Center has received numerous awards and legislative citations. HSC was a recipient of the Lawrence County Chamber of Commerce's "Business of the Year" award in 1997.

The Center has the most comprehensive array of housing options of any community mental health center in Western Pennsylvania. A National Award of Merit was given to HSC by the National Association of Housing and Redevelopment Officials for its SRO Housing program.

By providing community-based care for individuals with serious mental illness and thereby avoiding long and expensive stays in state

mental institutions, the Center has saved taxpayers millions of dollars each year.

HSC organizes educational programs, develops support groups, participates in health fairs, makes presentations to community groups, and distributes information on a wide

variety of mental health topics.

The Center has assumed a leadership position within the county to pursue programs that enhance the quality of life of area residents.

